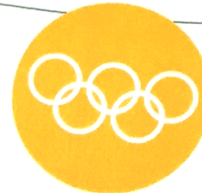
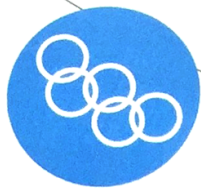


My Olympic Story - FREE activity



My Olympic Story

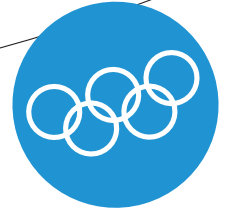
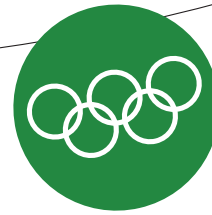
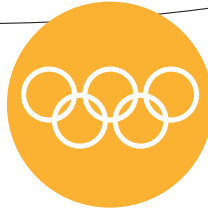
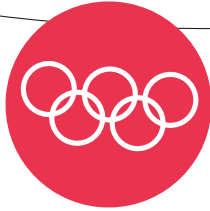
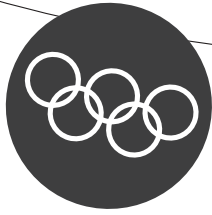
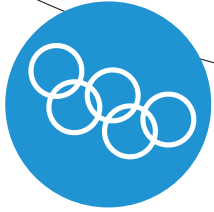
'What kind of athlete would you be if you competed in the Olympic Games?'

Close your eyes and imagine that you are a World Class athlete who will be participating in the Rio 2016 Olympic Games. You will travel from your country to Brazil to compete in your sport. Afterwards you will have time to soak up the carnival atmosphere, the cultural sites of Rio, sample the local food and then visit the Amazon Rainforest before returning home.

1. What is your Olympic sport? Gymnastics
2. What country do you represent? China
3. How many miles will you travel to Rio? 10,338 miles
4. How many hours will the journey take? 23 hours 30 minutes



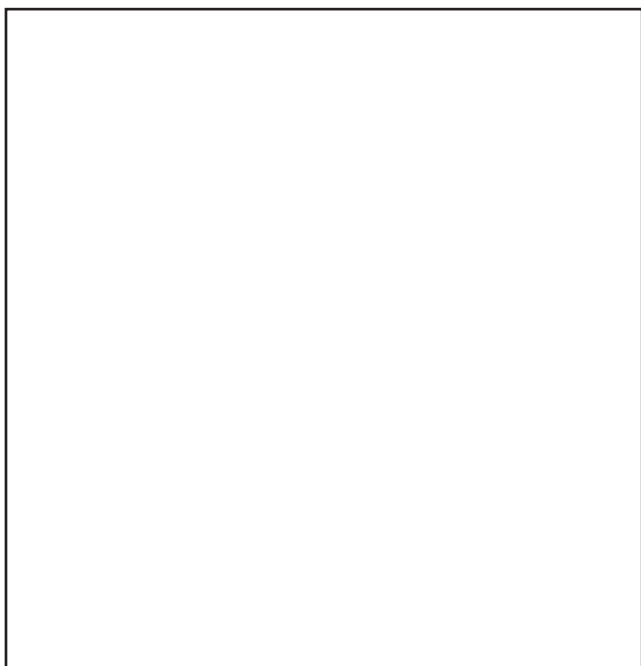
My Olympic Story



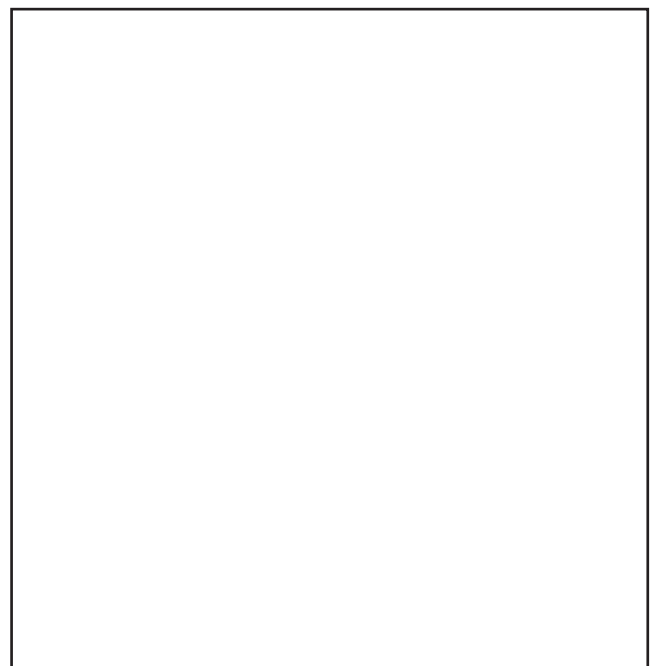
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1. What is your Olympic sport? _____
2. What country do you represent? _____
3. How many miles will you travel to Rio? _____
4. How many hours will the journey take? _____



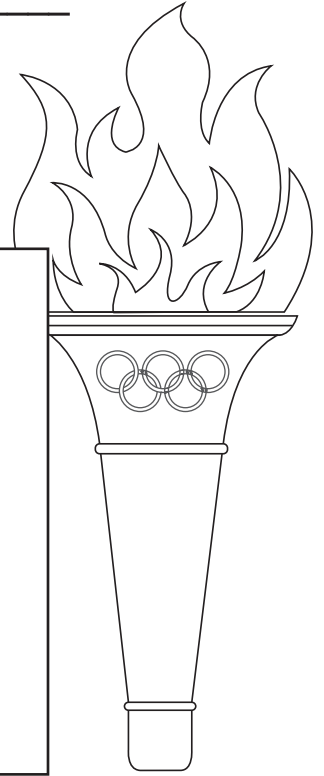
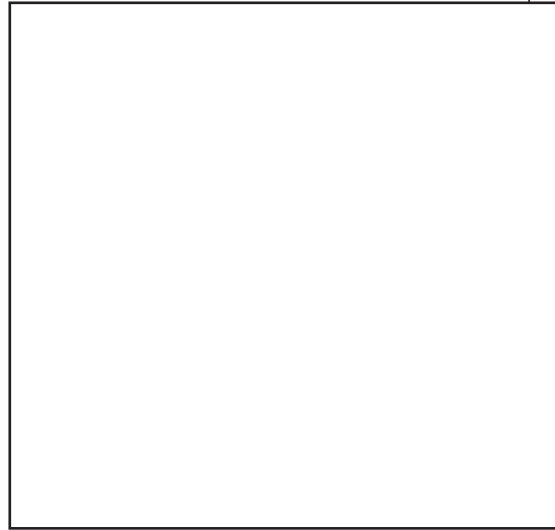
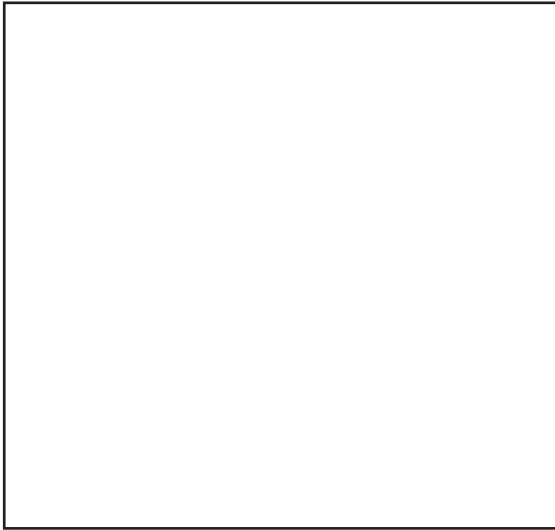
5. Draw your method of transport here



6. Draw your sports clothing here

7. Describe your sports training programme _____

8. What equipment do you use? _____



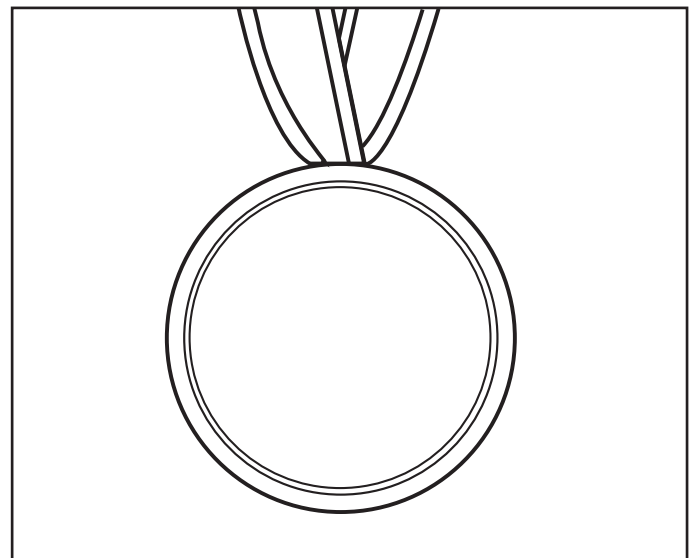
9. Draw your mascot here

10. What healthy foods do you eat to get Olympic fit?

11. How will you celebrate in Rio or Sao Paulo after you have competed?

12. What monuments, buildings or sculptures will you visit in Rio?

13. What Brazilian foods are you looking forward to tasting?



14. What insects, birds or animals do you hope to see when you visit the rainforest?
Draw one here

15. Award yourself a medal here.
Well done!